



THE NUTS AND BOLTS OF LOVING WELL

October 7, 2018

Pastor Steve Luxa

Stop Mind Reading

Introduction

Write down a number between 1 and 10: _____

Letter of the Alphabet: _____

Country: _____

Animal: _____

Color: _____

1. A Story Of Attempted Mind Reading

¹ Now King David was old and advanced in years. And although they covered him with clothes, he could not get warm. ² Therefore his servants said to him, "Let a young woman be sought for my lord the king, and let her wait on the king and be in his service. Let her lie in your arms, that my lord the king may be warm." ³ So they sought for a beautiful young woman throughout all the territory of Israel, and found Abishag the Shunammite, and brought her to the king. ⁴ The young woman was very beautiful, and she was of service to the king and attended to him, but the king knew her not." (1 Kings 1:1-4, ESV)

⁵ Now Adonijah the son of Haggith exalted himself, saying, "I will be king." And he prepared for himself chariots and horsemen, and fifty men to run before him. ⁶ His father had never at any time displeased him by asking, "Why have you done thus and so?" He was also a very handsome man, and he was born next after Absalom. ⁷ He conferred with Joab the son of Zeruiah and with Abiathar the priest. And they followed Adonijah and helped him." (1 Kings 1:5-7, ESV)

¹³ Go in at once to King David, and say to him, 'Did you not, my lord the king, swear to your servant, saying, "Solomon your son shall reign after me, and he shall sit on my throne"? Why then is Adonijah king?'" (1 Kings 1:13, ESV)

2. A Better Way

“²⁹ And the king swore, saying, “As the Lord lives, who has redeemed my soul out of every adversity, ³⁰ as I swore to you by the Lord, the God of Israel, saying, ‘Solomon your son shall reign after me, and he shall sit on my throne in my place,’ even so will I do this day.”” (1 Kings 1:29-30, ESV)

“⁴⁹ Then all the guests of Adonijah trembled and rose, and each went his own way. ⁵⁰ And Adonijah feared Solomon.” (1 Kings 1:49-50a, ESV)

“¹³ If one gives an answer before he hears, it is his folly and shame.” (Proverbs 18:13, ESV)

“²⁵ Therefore, having put away falsehood, let each one of you speak the truth with his neighbor, for we are members one of another.” (Ephesians 4:25, ESV)

3. The Power for a Better Way

Digging Deeper

This Week's Passages:

Monday: 1 Kings 1

Tuesday: Proverbs 18:1-12 (Read in light of assumptions and expectations)

Wednesday: Proverbs 18:13-24 (Read in light of assumptions and expectations)

Thursday: Ephesians 4:1-16

Friday: Ephesians 4:17-32

Weekend: Review the most meaningful passages of the week.

Each day this week you are invited to read the day's passage and then respond to the following questions. Take special note of what God is saying to you. You might find it beneficial to use a journal or notebook to record insights.

1. Read the passage prayerfully, listening for the voice of God and asking him to speak to you.
2. Record or write down the word, phrase, or verse that God impresses upon you.
3. Reflect and write down what it is about this word, phrase or verse that is meaningful to you.
4. Respond by writing a prayer or recording what it is that you think the Lord wants you to do in response to his word (“*Be doers of the word and not hearers only*” James 1:22).